

## REGISTRATION OPEN

**Forum Synergies "Lifeshop" 2016 - discovering Ukrainian rural reality.**

**29<sup>th</sup> Sept. -2<sup>nd</sup> Oct.2015 – Dolyna raion, Ivano-Frankivsk region (Ukraine)**



### The LIFESHOP

---

From **29<sup>th</sup> September to 2<sup>nd</sup> October 2016**, Forum Synergies will organise a “Lifeshop” in **Dolyna district, Ivano-Frankivsk region (Ukraine)**, in partnership with NGO “Karpatske kolo”.

The LifeShop concept offers local players the opportunity to discover sustainable lifestyle, with a strong human dimension (focusing on personal relationship between visitors and local hosts more than political proposals). Groups are up to 20 persons.

### REGION SITUATION

---

Dolyna “raion”(district) belongs to Ivano-Frankivsk region, which is situated on the western part of Ukraine and acts as a border with Romania. Mountains - Eastern Carpathian Mountains - and forests occupy a large part of the territory. Extraction activities (oil, natural gas and salt) have been an important part of Dolyna economy but deposits are now decreasing and finding alternatives will be a challenge for the next years. Forestry (timber) and farming (berries and husbandry) are main rural activities. Tourism is slowly developing. The administrative-territorial area – which will be reformed in the next years - is divided into 1 city council and 29 village councils, bringing together 44 settlements. 70.000 people live in the district: 20.000 in Dolyna city and 50.000 in villages, whose population is decreasing.

### PROGRAMME

---

Our local partner Rostyslav Kos from “Karpatske Kolo” has proposed the following programme. The final version of the programme will might change, also taking into account participants interests.

#### Thursday 29<sup>th</sup> of September:

Afternoon: Arrival of participants and transfer to Vyshkiv village

#### Friday 30<sup>th</sup> of September:

7h30 - 8h15: Breakfast

8h20 – 9h20 Information about the region, local communities.

Presentation of NGO “Karpatske kolo”.

9h20 – 10h20	Trip from Vyshkiv village to Dolyna.
10h30 – 11h30	Visit to local producers (union of entrepreneurs). They produce blueberries, goat cheese, ice-cream.
11h30 – 12h30	Presentation of project “Involving rural people to produce blueberries”. Questions, discussion.
13h00 – 14h00	Lunch
14h30 – 16h30	Meetings with mayor (vice-mayor) of Dolyna town. Presentations about implemented projects in local community. Questions, discussion.
16h30 – 17h30	Trip from Dolyna to Vyshkiv village.
19h30	Dinner (traditional Ukrainian Carpathian cuisine)
21h00	Exchanges, feed back on the day

**Saturday 1<sup>st</sup> of October:**

7h45 – 8h30	Breakfast
8h40 – 9h20	trip from Vyshkiv village to Vyhoda
9h30 - 10h30	Vyhoda Narrow Gauge Railway Heritage Centre. (Hungary-Slovakia-Romania-Ukraine cross-border cooperation Programme). Presentations, Questions, discussion. <a href="http://carpathian-heritage-railways.com/en/">http://carpathian-heritage-railways.com/en/</a>
11h00 – 14h30	Trip in train “Carpathian Tram”. Meetings with local people involved in new touristic offer.
15h00 – 16h00	Lunch
16h00 – 18h00	Meeting with local people in village (more information will soon)
19h00 –	Dinner. International Buffet.
21h00	Exchanges, feed back on the day

**Sunday 2<sup>nd</sup> of October:**

8h00 – 8h45	Breakfast
Departure of participants	

**PRACTICAL DETAILS**

---

Thanks to our funders, Fondation de France et Fondation Charles Leopold Mayer pour le Progrès de l'Homme, **the following costs are covered:**

- Accommodation and meals
- Transfer from Lviv airport to the district.
- Transport in a mini-bus during all the “lifeshop”.

You are just asked to cover your travel expenses.  
Contribution to travel expenses could be possible, upon request and on a case-by-case basis.

## TRANSPORT & VENUE

---

- Participants should arrive at **Lviv** airport on Thursday 29 September latest by 20H00.
- We will arrange shuttles from the airport to Vyshkiv village (+/- 3h00). As an alternative, we will indicate you the bus to take to go to Dolyna (2h30 far) where a taxi will pick you to Vyshkiv.
- Transfer back to Lviv airport will be on Sunday 2nd of October.
- There are direct buses to Dolyna from Warsaw (<http://turtrans.biz/napryamki>); from Prague (<http://2y.com.ua/bus/ukraine/dolyna/praha/>) and from Chişinău.

We will stay at **Vyshkiv village**, (1 h far from Dolyna city).  
<http://yalunka.com.ua/en/>

## REGISTRATION

---

The Lifeshop will take place only **if a minimum of 10 participants is reached** (maximum 20).  
If you are interested to participate, please let us know and **register before August 29th** on the following on-line form: <http://goo.gl/forms/uu0LizGCHNJ4NqKC3>

We will inform you **on August 31th the latest** if we have reached the minimum number of participants and if the Lifeshop is confirmed.

Programme and link to the registration form are also available on: <http://forum-synergies.eu/article2.html>

## CONTACT

---

If you have questions or need information, please contact:  
Marina GUEDON - Forum Synergies: [mguedon@forum-synergies.eu](mailto:mguedon@forum-synergies.eu)

Project supported by :

