

Poșaga de Jos. Alba 517581, ROMANIA

# Welcome to the **Rural Experience Hub (REH) 2025**

## **Organising team:**

Adam Beswick (Moderator), Ioana Joca-Pohl & Andreas Pohl (Hosts & Co-Moderators)

Forum Synergies welcomes you to Dupa Gard. Below is a schedule for what to expect!

ARRIVAL day - 30 May	
Pick-up from Turda, welcome at The Hub	
Individual supper.	18:00
Morning Saturday 31 May at The Hub	08:00 - 12:00
Self-Served breakfast	
Getting to know each other	09:00 - 10:00
Why are we talking about a Rural Experience Hub?	10:00 - 12:00
Lunch & Break	12:00-13:30
Afternoon Saturday 31 May at Dupa Gard	
Tour of Dupa Gard	13:30 - 14:30
Visioning a Rural Experience Hub	14:30 - 17:00
Supper at The Hub	
Morning Sunday 01 June at The Hub	09:00 -1 2:00
Self-served Breakfast	
An agenda for transition	09:00 - 10:30
An agenda for self	10:45 - 12:00
Lunch & Break	12:00 - 13:30
Afternoon Sunday 01 June in The Village	
The Grand Presentation	13:30 - 16:00
The Last Supper, a campfire IF the weather permits it	

#### **DEPARTURE** day - 02 June

**Regarding FOOD:** it will be mainly vegetarian with a touch of local meat (pork) traditional snacks. We support a circular economy so many of the ingredients will be local / regional. Our local cook (Speranta) together with Dupa Gard created a lunch/dinner menu that will only be revealed on the spot :)

#### **Action from creativity**

The workshop will be creatively demanding - please bring your creative energy to us. We will have a grand reveal of our findings as well as interviews at the end.

#### Contribute

Take pictures, make films, draw - try to dot down observations and takeaways! :) Also, as pat of dissemination and follow-up, various testimonials (of both participants and locals) will be made.

## Energy, Stamina & OM 😚-moments

All participants should be aware that this event requires a lot of energy and concentration as being spanned within only 2 days or what others would call it– during 1 weekend. Moreover, a part of our Dupa Gard venue is situated on top of a steep hill (maximum 10 minutes walk) so this would also appeal to your physical condition. However, the schedule has been designed in such a way to create a harmonious mixture between team work, visionary input, and memorable free time. The place where you chose to be for this weekend could not be more rural and immersed in nature so, above all, yes! be creative, be bold, be your own unique and experienced person.

#### Some background info to bear in mind:

The Community of Posaga (where Dupa Gard is located) is a spread-out village community and its inhabitants are less than a 1000 - from which a lot of them are elderly (65+ years old). The School still functions, but the classes 1-4 encompass only 11 children (age range between 6 and 10 years old). The local initiatives have been few and rarely encouraged > especially the ones proposed to create social and economic cohesion & coherence along inhabitants. It has to be considered one of so many rural areas around Europe that is starting to rapidly disappearmaking a movement such as the European Rural Parliament and events such the REH even more important, even vital in order to find viable, realistic solutions for the next years to come.